

Health Information for Professional Football

In the professional football business, the level of the player's fitness is one of the most important factors that could determine the player's career. In the professional football business, good talent sometimes isn't enough to guarantee the player's career. Some well talented players often have to retire too young because their fitness couldn't handle the sports' pressures. Based on their health information, most of them have to retired so young because they have too many injuries problems.

For example, Marco van Basten, former striker of Ajax Amsterdam and AC Milan has to end his glorious football career because he couldn't fully recover from his latest injury. He must be realistic that moment that his football career was over. His health information said that if he still continues his career, whenever there was another injury in the same place, he might lose his foot. Based on the fact, Van Basten decided to retire.

In contrary, the former AC Milan Captain, the legendary Paolo Maldini who just retired last season could maintain his health and he could finished his glorious career for 24 years. His health information shows the data that he has some injury records. But somehow those injuries never are able to push him to stop the career.